



## DOUBLETREE HOTEL ONTARIO

\$129.00 per night plus applicable taxes, single/double

**This negotiated price WILL EXPIRE 3/26/2011**

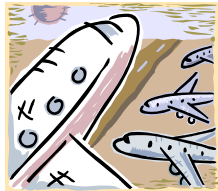
222 N. Vineyard Ave., Ontario California 91764

909/937-0900 or 1-800-222-8733 ask for "CDA" for this special rate

Or online; [http://www.dietitian.org/annual\\_meeting12.html](http://www.dietitian.org/annual_meeting12.html) and find

"Click here to book your room online"(will take you to doubletree reservations)

**FREE PARKING AND FREE AIRPORT SHUTTLE FOR HOTEL GUESTS**



### TRANSPORTATION

**Best Airline Travel** Ontario International Airport, CA (5+ minutes to hotel).

Super Shuttle – 800/258-3826 – \$18 for first Rider each additional Rider \$9.00

Taxi Services - 909/622-1313 - \$6.00 one way

**Alternative Travel** Los Angeles International Airport (75+ minutes to hotel)

Super Shuttle – 800/258-3826 – \$63.00 or Taxi Services - 909/622-1313 - \$141.00

### CONVENTION CENTER PARKING

On-site & Public Parking, fee: \$8 daily – no in & out

Street Parking – Obey all Parking Restriction Signs



**WEATHER** Average daily temperature in April is between 74/49 degrees. A light coat or raincoat in case of showers would be advisable. **Meeting rooms are often cool, so bring a jacket or sweater!**

### REGISTRATION

The CDA Annual Meeting Registration will be in the Ontario Convention Center 5pm-7pm Wednesday 4/25 and Beginning at 7:00am Thursday, Friday and Saturday



### NAME BADGES

Badges must be worn at all meeting functions.

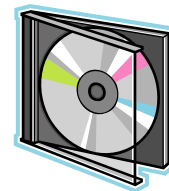
Lost or forgotten badges will be replaced at a fee of \$5.00

### AUDIO TAPING

During the annual meeting, many speakers will be audio taped.

Individuals interested in purchasing the CDs may do so in the foyer across from CDA registration booth. Order form will be posted on

[www.dietitian.org](http://www.dietitian.org) one week after meeting. (Not CPE approved)



EXHIBITS ARE THURSDAY APRIL 26 6:00PM-8:00PM

AND FRIDAY APRIL 27 10:00AM TO 2:00PM

**THERE WILL BE NO EXHIBITS ON SATURDAY APRIL 28**

**THURSDAY 7:30am-8:30am**  
**Coffee with Maureen Storey, PhD**



**THURSDAY 12:00-1:00**  
**Lunch & Awards Ceremony**



California Dietetic Association and Academy Award Winners, nominated by the membership, scored high points in their

profession and support of the organization, are celebrated at this Lunch.

Enjoy Lunch And Cheer Loudly For The "Best Of The Best".

**THURSDAY 3:30 & FRIDAY 3:00 PM**  
**Coffee Break**



There is only a couple more hours to go... grab a Yogurt and a Cup-O-Joe (or tea) before the next session.

**THURSDAY 6:00-8:00PM**  
**"Healthy Dining" & other Exhibitor Samplings**  
**CDA FOUNDATION BASKETS**

**FRIDAY 7:00 AM**

Start the morning right -

15-20 minute - stretching with mild aerobics workout (1 CPE)

**Join Rossia Tin Cheng, MA, CAI, RD for a**  
*The Benefits Of Aerobics Exercise For Life*

Come prepared in appropriate exercise attire & shoes.



**FRIDAY 7:00AM - 8:30AM**  
**BREAKFAST**



**FRIDAY NOON**  
**LUNCH IN THE EXHIBIT HALL**



**SATURDAY 7:30 AM-8:30 AM**  
**Breakfast**

Ontario Convention Center Concession Stand will be open offering beverages, snacks and light lunch items throughout the 3 day meeting.

**DHCC MEET AND GREET**  
**at the Convnetion Center**  
**FRIDAY 1:00 PM-2:00 PM**

Dietitians in Healthcare Communities (DHCC)- a practice group of the Academy of Nutrition & Dietetics- welcome "California Members" and prospective members to a "MEET & GREET" annual meeting and reception. Visit the exhibits, pickup your lunch, sponsored by McDonald's, and join us with your lunch, for lively discussion, project planning, and fabulous door prizes. Come Network with others working across the healthcare continuum in facilities, community centers, home care, corrections and physician clinics. Improve your skills and survey success!

Invited discussion leader is Linda Handy, MS, RD. See you there!

**DTR Meet and Greet:**  
**FRIDAY - 6:30-7:30PM**  
**at the Doubletree Hotel**

Come socialize and network with other DTRs in California. Join us and meet DTRs who are currently working in a variety of jobs. Light refreshments will be served.

**SAN GABRIEL VALLEY MEMBERS**  
**FRIDAY - 6:30-7:30PM**  
**at the Doubletree Hotel**



Meet face to face with fellow CDA members that live in the San Gabriel Valley and get an update on local district endeavors.



**CDA Foundation**  
**Basket Silent Auction**

Take home the gift of your choice! Bid and win one of many baskets filled with all kinds of good stuff! Stop by the tables in the exhibit hall Thursday evening and Friday!

**Apron For Your Donation!**

As a thank-you gift, receive an embroidered apron for your donation to CDAF!

Drop by the tables in the exhibit hall!



**Dates with Beer & Desserts**

Join the Foundation for a fundraiser event on Thursday, April 26 - 8:30-10:00 PM



At the Doubletree Hotel;


Beer served only if you are over 21!

Costs: \$35 per person

# THURSDAY APRIL 26, 2012 ONTARIO CONVENTION CENTER 6.5 CPE HOURS PLUS EXHIBITS (2)

7:00-5:30 *Registration Open* | 7:30 AM- 8:00 AM Coffee with Maureen Storey - *Breakfast ON YOUR OWN – Consession Stand Opened*


<p><b>7:45 AM-8:15 AM</b>  <b>CDA Business Meeting</b>                  Nicole Quartuccio Ring, RD                  CDA Update                  Nancy Banda, RD, MHA                  Public Policy Update                  Wendy Buchan, PhD, RD                  Delegate Update</p>	<p><b>8:15 AM-9:15 AM</b>  <b>The Academy Presents...An ADA Update</b>                  Sylvia Escott-Stump, MA, RD, LDN                  The "Academy of Nutrition and Dietetics" name represents 72,000 members, our science foundation, and dietetic roots. Hear about our political savvy, media impacts, professional development and the latest news. Suggested LNC 1000</p>	<p><b>9:30 AM-10:30 AM</b>  <b>The Science of Sweeteners: Is Sucrose Really Healthier Than HFCS?</b>                  John S White, PhD - Neva Cochran, MS, RD, LD                    High fructose corn syrup has been blamed for obesity, but the claims are not supported by science. Learn the truth about added sugars in our diets. Suggested LNC 2000, 2020, 2070, 4000, 9020</p>	<p><b>10:30 AM</b>  <b>Kitchen Tour:</b>                  Meet at Registration to tour the Convention Center Kitchen See Registration Form for ticket</p>	<p><b>10:45 AM-11:45 AM</b>  <b>You've Got Male!</b>                  Healthy Strategies for Preventing Early Deletion of Your Man.                  David Grotto, RD, LDN                  Nutrition and health expert, David Grotto, RD, LDN, will tell you how to talk to men about health and nutrition while addressing issues for the whole family. Suggested LNC 2000, 4000, 4170, 5160, 5190, 5370, 6010, 6020, 6070</p> 
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**12:00 PM - 1:00 PM** ***Awards Lunch – Celebrate the winners of the CDA/Academy Awards*** 

**1:15 PM - 2:15 PM** CHOOSE ONE OF THREE - ONE HOUR SESSIONS

<p><i>Nutrition Informatics and its Impact on Your Career</i>                  Kerry A Stone, MS, RD, CNSC; Marty Yadrick MS, MBA, RD, FADA                  Nutrition Informatics is the intersection of information, nutrition, and technology. This emerging practice area affects all RDs and DTRs and offers challenging new job opportunities. Learn more from two graduates of the renowned "10x10" program. Suggested LNC 1020</p>	<p><i>Excess Weight and Dysglycemia: What's the Gut Got to with It?</i>                  Christine Pelkman, PhD Research suggests the unhealthy Western diet may alter our gut microbiota and promote obesity and dysglycemia. Research will be reviewed along with dietary changes, including consumption of the prebiotic dietary fiber resistant starch, which may offer health benefits. Suggested LNC 5190, 5370  <i>Sponsored by National Starch Food Innovation</i></p>	<p><i>Effectiveness Of Breastfeeding Promotion Programs in California</i>                  M. Jane Heinig, PhD, IBCLC;                  Cathy Stephens-Croel, RN, BSN; Leslie Kaye, MS, RD, CLE                  What steps has the state taken to increase breastfeeding rates and coordinate with community based organizations for breastfeeding assistance and information. Suggested LNC 4000, 4130, 4140, 4150</p>
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**2:30 PM - 3:30 PM** CHOOSE ONE OF THREE - ONE HOUR SESSIONS

<p><i>The Role of Potato in a Well Balanced Diet for School Children</i>                  Maureen Storey, PhD; Soniya Perl, MS, RD;                  Francis Coletta, PhD, RD; Dennis Barrett                  This Session summarizes the 2012 school-meal standards, followed by consumption data using NHANES and real-life school food service vignettes demonstrating how potatoes promote nutritional balance and acceptance. Suggested LNC 2070, 4080, 4150, 8110</p> 	<p><i>Implementing the Standards of Practice of Oncology Patients: Meeting the Challenges.</i>                  Arlene Provisor, RD, CNSC, CSO                  Discussion of ADA Standards of Practice for the Oncology patient and practical application to provide optimal nutrition care to patients with treatment-related toxicities or co-morbidities. Suggested LNC 3000, 5000, 5150, 5440</p>	<p><i>Importance of Bees for the Sustainability of Our Food Supply</i>                  Eric Robinson                  History of the Honey Bee, Life of the Honey Bee, Bees and crop pollination, Bees in crisis CCD                  Suggested LNC 2000</p>
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**3:30 PM - 4:00 PM** *Coffee Break* 

**4:00 PM - 5:30 PM** CHOOSE ONE OF SIX 1.5 HOUR SESSIONS – 3 ROUND TABLES LIMITED SEATING, TICKET REQUIRED – For RDs & DTRs Only

<p><i>RT#1: Crafting Your Nutrition Message—Writing Skills Development in the New Media Age - LIMIT 20</i>                  Sharon L Palmer, RD                  Identifying, and craft a nutrition message and discuss relevant nutrition topics for various media coverage pertinent to your practice Suggested LNC 1090, 1140, 4100, 7070, 7120                  *****</p>	<p>Session #4 of 6  <i>Seed To Table &amp; Farm to School; programs that work to get kids to eat their veggies (and fruit too)</i>                  Julia Cotts; Ann Aguilar, MS, RD                  The Garden School Foundation builds school gardens and runs standards-based classes that teach kids where their food comes from. That program along with the Farm to School program which brings locally grown produce to students through the National School Lunch Program are programs that are getting kids excited about trying new and fresh produce and LOVE them. Suggested LNC 4000, 8000</p>	<p>Session #5 of 6  <i>Adapting the Science to Your Practice: A Discussion of Weight Management &amp; the Use of Low Calorie Sweeteners.</i>                  John Foreyt, PhD                  Jo Ann T Hattner, MPH, RD                  Gail Frank, DrPH, RD, CHES                  The objective of this presentation is to gain clarity on the role of low calorie sweeteners in weight management and their impact on diet quality. Suggested LNC 5370 4000  <i>Sponsored by Ajinomoto</i></p>	<p>Session #6 of 6  <i>Nutrition, Health &amp; Ethnic Disparities : The Community Kitchen of South Los Angeles-One Response</i>                  Elaine Williams, PhD, RD The Community Kitchen of South Los Angeles works to improve the nutrition and health outcomes of families through empowerment using food focused activities.   <i>Nutrition Health &amp; Ethnic Disparities Plus Tella Novella</i>                  Asbury Jones, MPA, M.Div An overview of the health disparities prevalent in the California African American and Latino communities.   <i>Health Disparities in the Latino population</i>                  Ignacio Romero Social marketing to Latinos how to improve fruit and vegetable consumption in low income communities. Suggested LNC 4000, 4010, 4070, 4100</p>
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**6:00 PM-8:00 PM** OPENING NIGHT RECEPTION – "HEALTHY DINING" + EXHIBIT SAMPLINGS, PRODUCTS&SERVICES, CDA FOUNDATION BASKETS AND DISTRICT/PRACTICE GROUP SHOWCASE

**8:30 PM-10:00 PM** *FOUNDATION FUNDRAISER – Dates with Beer and Desserts – Impress your friends with the knowledge you will gain from this FUN EVENT. See Registration Form to order tickets*



# FRIDAY APRIL 27, 2012 ONTARIO CONVENTION CENTER 5.5 or 6 CPEs PLUS EXHIBITS (2) & POSTERS (3)

**7:00 AM-6:00 PM** *Registration*

**7:00 AM-8:00 AM** *The Benefits Of Aerobics Exercise For Life* **Rossia Tin Cheng, MA, CAI, RD**

Session will address components of effective and safe exercise program; health benefits of aerobics, resistance, and flexibility exercise. Participants are welcomed to join 15-20 minute - stretching with mild aerobics session. Come prepared in appropriate exercise attire & shoes. (have light snack by 6:30). Suggested LNC 4000, 4060

**7:00 AM-8:30 AM**



*Breakfast*

**8:30 AM-10:00 AM**



**KEYNOTE SPEAKER – TO BE ANNOUNCED**

Suggested LNC to be announced

## JOIN US IN THE EXHIBIT HALL FOR THESE ACTIVITIES

**10:00 AM-2:00 PM**

*Exhibits/Poster Sessions/CDAF Baskets*



**12:00 PM-1:00 PM**

*Lunch in the Exhibit Hall*

**12:30 PM-2:00 PM**

*Poster Session Authors Present*

**1:30 PM-2:00 PM**

*Prize and Basket Drawing*

## DON'T FORGET THESE ACTIVITIES

**10:00 AM-2:00 PM**

*DISTRICT/PRACTICE GROUP SHOWCASE*  
*Membership Drive – Fundraisers – Local District Meetings & Events*

**10:30 AM**

*Kitchen Tour - Meet at Registration to tour the Convention Center Kitchen See Registration Form for ticket*

**1:00 PM-2:00 PM**

*DHCC MEET AND GREET - Consultant Dietitians*

## 2:15 PM-3:15 PM CHOOSE ONE OF THREE - ONE HOUR SESSIONS

*The Fundamental Role of Public Policy in Promoting Healthy Eating*  
**Harold Goldstein, DrPH**

Individual food choices are influenced by the environment in which they are made. Public policies can play a critical role in determining that environment. Suggested LNC 4000, 4010, 4040, 4100

*Nutrition and Dietetics in the Cloud - Google Tools*  
**Virginia Vandergon, PhD**

Find out how to use Google tools, to assess patients and collaborate with colleagues in the cloud. Examples and practical applications will be shared. Suggested LNC 1020

*Meatless Monday and Climate Change - Where is the Beef?*

**Frank M. Mitloehner, PhD** This presentation will shed light on the impact of livestock production on climate change and how dietary choices affect global warming. Suggested LNC 1080, 8070

**Sponsored by California Beef Council**

**3:00 PM-3:30 PM**

*Coffee Break*

## 3:30 PM-4:30 PM CHOOSE ONE OF FOUR ONE HOUR SESSIONS

*Supermarket Savvy Dietitians: Opportunities for RD's in the Supermarket Industry*

**Melissa Hooper, MS, RD**

**Jessica Siegel, MPH, RD**

**Marcela Gelman, MS, RD**

Come listen to our panel discussion and see the wide variety of opportunities for dietitians available within the supermarket industry. Suggested LNC 1010, 4000

*Energy and Water Efficiency: Practical ways to save money and Shrink Your Eco-Footprint*

**Richard Young, BS, Electrical Engineer**

Learn how to guide your commercial kitchen toward lower energy and water bills using simple, practical, cost-effective techniques and easy-to-follow online resources.

Suggested LNC 7000, 7080, 8000, 8020

**Sponsored by PG&E Food Svc Technology Ctr**

*The Glucose Management Team: The RD's Role in Successful Glucose Control*

**Danielle C Halewijn, CDE, CNSD, RD**

Highlight the unique contribution the RD can make to improve blood glucose levels in our patients and describe advanced practice as part of a hospital based glucose management team. Suggested LNC 3000, 5010, 5190

*Using CMS Elements for QAPI for Survey Readiness in LTC and Hospital*

**Linda Handy, MS, RD**

Will focus: 1. Revised Quality Assessment and Performance Improvement requirement – recent requirement in LTC 2. Infection Control, development of effective QAPI in preventing food borne illness/infections. Examples of CA deficiencies. Suggested LNC 7100, 8000

## CHOOSE ONE OF THREE ONE HOUR SESSIONS

**4:45 PM 5:45 PM (1 CPE)**

*Protein for Optimum Health Through the Lifecycle*

**Douglas Paddon-Jones, PhD**

Provide the practicing health professional with guidance on how to plan diets with adequate protein for all clients, including those who have chosen to minimize their meat intakes. Suggested LNC 2000, 2070

**Sponsored by California Dairy Council**

**4:45 PM-6:15PM (1.5 CPE)**

*Patient Centered Care Cultural Transformation using the Planetree Model*

**Barbara Bauer, RD and Debbie Lasker, MS, RD**

**Suzanne Ousey, RD and Randy Carter**

This program will provide an overview of the Planetree Model for patient-centered care and describe the important role that Nutrition and Food Services play in the successful culture change to become a truly patient-centered care organization. Suggested LNC 4000, 7000

**4:45 PM-6:15PM (1.5 CPE)**

*The Big Idea: Turn Your Concept Into A Career! Plus a Fashion Forward Runway Show*

**Emily Burson, RD**

Have an idea for a business or know that a traditional career in dietetics isn't for you? Break the mold and learn to dress for success. Suggested LNC 1000, 7000, 7050, 7070

## RECEPTIONS – BY INVITATION & SPECIAL INTEREST GROUPS

**6:15PM-8:30pm**

*STUDENT & NEW MEMBERS RECEPTION*

Internship Directors & Recruitment Services will be invited to interact with attendees

**Sponsored by Kellogg's**

**6:30PM - 7:30PM**

*Dietetic Technician's*

Meet and Greet

At the Doubletree Hotel

**6:30PM - 7:30 PM**

*San Valley Gabriel -*

*LAD Member Recruitment*

At the Doubletree Hotel

**7:30 PM - 9:00 PM**

*Appreciation Reception*

*By Invitation*

At the Doubletree Hotel

**SATURDAY APRIL 28, 2012 ONTARIO CONVENTION CENTER 5.5 CPE HOURS (NO EXHIBITS NO POSTERS)**

**7:00 AM-2:00 PM Registration**

**7:30 AM-8:30 AM Breakfast**



**8:00 AM – 9:00 AM CHOOSE ONE OF THREE ONE HOUR SESSIONS**

*Added Sugar Friend or Foe*

**James Painter, PhD, RD; Michelle Dudash, RD; Allison Beadle, MS, RD, LD**



Added sugar is not evil, it depends on why and how it is being used, this panel will discuss and provide information for practitioners to share with their patients. Suggested LNC 2000, 2020, 2030, 8000

*CataPult Your Career Through Peer Mentorship*

**Wendy Jo Peterson, MS, RD, CSSD**

Learn how to lean on your peer: for professional growth, support, and inspiration. Use positive peer influence to ignite your professional passion and go beyond just visualizing your dreams. Suggested LNC 1000, 1010 **Sponsored by Welch's**

*The ABCDs of Pediatric Nutritional Assessment*

**Gina O'Toole, MPH, RD, CLE;**

**Jan Skaar, RD, CSP, CNSC, CLE**

The session is designed to equip the Registered Dietitian, who does not routinely see pediatric patients, with tools to assess this population. Suggested LNC 3000, 4140, 5060, 5070

**9:15 AM - 10:15 AM KEYNOTE**



*The Good, The Bad, The Ugly About Dietary Guidelines* **James Painter, PhD, RD**

The guidelines made great strides in certain areas such as balancing calories, increase fruit, veggie and whole grain intake; however, the bad thing is that we are the last country to have less than 300mg per day which is outdated and inaccurate. Suggested LNC 4000, 4030

**10:00 AM - 2:00 PM DISTRICT/PRACTICE GROUP SHOWCASE**

**10:30 AM - 11:30 AM CHOOSE ONE OF 6 - 1 HOUR SESSIONS – 3 ROUND TABLES LIMITED SEATING, TICKET REQUIRED – For RDs & DTRs Only**

**RT #1: On-Line Self Marketing Strategies for RDs Patti Londre - Limit 20**

We'll focus on demystifying fresh (and mostly free) resources such as blogs, Google, e-newsletters, Facebook, Twitter, LinkedIn and YouTube. Get ready to wrap your head around putting many to work within any budget, timeframe or experience level. Suggested LNC 1000, 1090, 7000, 7070  
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**RT# 2: Renal MNT update Lisa Gourley, RD, CDE Limit 20**

Update on current topics in renal nutrition in relation to protein, potassium, and phosphorus as well as exploring the dietitian's role in facilitating the management of the renal patient. Suggested LNC 3000, 5340  
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**RT# 3: Food Banks and RDs Serena Fuller, PhD Limit 20**

A discussion about the transition of food banks from the calorie banks of the past to institutions of health for the future and how Dietitians can champion the change. Suggested LNC 4020 4070

Session #4 of 6

*Successful Café Renovating Strategies in Healthcare Operations*

**Daniel H. Henroid Jr, MS, RD, CP-FS**

Come hear how UCSF Medical Center renovated their existing café from ordinary to extraordinary while continuing to serve customers during the entire project. During the construction, sales only dropped 15% while sales have increased more than 20% since the new café has opened.  
Suggested LNC 8030, 8120, 8090, 7210

Session #5 of 6

*Latino(a) Nutritional Health Issues*

**Lucia Kaiser, MS, RD, PhD**

This session will provide an update on recent research related to Latino nutrition and health, with an emphasis on factors related to childhood obesity.  
Suggested LNC 4000, 4040, 4150, 5370

Session #6 of 6

*Performance Nutrition: A World of Competition*

**Rebecca Twombly, RD, CSSD**

Practical tips from the field to enhance your efficiency in implementing performance nutrition programs in a team setting.  
Suggested LNC 2110, 4060, 7000

**Snack/Coffee on your own – Concessions open**

**11:45 AM - 12:45 PM CHOOSE ONE OF THREE ONE HOUR SESSIONS**

*Healthy Early Childhood Environment: Nutrition & Active Play*

**Carol Chase, MS, RD; Doris Fredericks, Med, RD, FADA**

Children's early years are critical in shaping their well-being. Efforts must begin before entering school. Hear how federal and state policy and practices are responding to this need. Suggested LNC 4000, 4080

*Motivational Interviewing. William Matulich, PhD*

An introduction to the mindset, methodologies, strategies, and techniques of Motivational Interviewing and how dietitians can use MI to increase patient adherence and behavior change. Suggested LNC 6000, 6070, 6080

*The Role of the RD in Ethical Decision Making for Enteral & Parenteral Nutrition.*

**Denise Baird Schwartz, MS, RD, FADA, CNSD**

This session will provide the RD with the understanding, tools, and dissemination of the importance of ethical decision making for Enteral and Parenteral nutrition. Suggested LNC 3000, 5000, 5440

**1:00 PM - 2:30 PM CLOSING SESSION - Prize Drawing immediately after this session – must be present to win**

*The Bonus of "Plus" in Public Health Nutrition: Trends, Science and Practicality of SuperFoods and Small Steps in Today's Health Landscape* **Wendy Bazilian, DrPH, MA, RD**

Over 60% of Americans would rather hear positive messages about what TO eat rather than negative messages regarding what NOT TO eat.\* This presentation will navigate the sea of nutrition trends and hot topics in health and wellness such as SuperFoods with the science behind these foods and practical small steps for our clients. \* IFIC 2011 Food and Health Survey Suggested LNC 2000, 2010, 4000, 4040

**RETURN, WITH YOUR REGISTRATION, THE ROOM TOOL INSERT TELLING US WHAT SESSIONS YOU PLAN TO ATTEND SO THAT WE MAY ASSIGN ROOMS TO BEST FIT THE ANTICIPATED AUDIANCE**