



Make room in your calendar for two new exciting and informative programs this August and September to keep you in the know!

August: Nutraceuticals, Phytonutrients, Super Foods and Supplements

The latest and greatest research and recommendations to keep you and your clients living their best life. Learn how blueberry extracts are healing cancerous lesions; and understand the many benefits of phytonutrients like açai's polyphenols; and discover new research and updates in supplements.

Time: Saturday, August 9th from 9:30 am to 12:00 pm

Place: Glendale Memorial Hospital & Health Center
(Registration form and address below)

2.0 CPE Level 2 Requested

Speakers

Claudia Kelley, MPH, MS, HD, RD, CDE is an independent consultant specializing in complementary, functional and therapeutic nutrition. Claudia is a trained "Heilpraktiker" in Europe – a degree comparable to a naturopathic doctor here in the US -, she holds 2 masters degree – one in Public Health and one in Nutrition Science -, a Certified Diabetes Educator, and past holder of a CNSD certification when she worked in the ICU, sub-acute and med-surg units of several local hospitals and the BMT-unit at City of Hope. Additionally, Claudia is a DHS approved Childcare Specialist. With twenty years of experience in the field of therapeutic and complementary nutrition, Claudia has worked in the clinical and outpatient setting, as well as lectured at several universities, designed lectures and certificate programs. She has written text books and contributed to various publications. Claudia currently counsels patients with a wide variety of diagnoses, serves as consultant to research oriented dietary supplement companies, designs educational presentations concerning nutrition, diet and health issues and complementary therapies for clinics, hospitals, medical centers and others.

Melissa Halas-Liang, MA, RD, CDE, CNSD is a Registered Dietitian, Certified Diabetes Educator, Certified Nutrition Support Dietitian, holds a Masters degree in Nutrition Education and has the Certificate of training for Childhood and Adolescent and Weight Management. With over 10 years of diverse experience in the field of nutrition including, diabetes, wellness, critical care, clinical management and clinical trials, Melissa provides a unique approach to health and wellness across the entire lifespan. She has enjoyed teaching nutrition for over 5 years, and currently teaches functional foods and public nutrition on-line at several universities. Melissa has appeared in the media on a variety of topics and has provided community lectures and continuing education to physicians, dietitians and allied health professionals. Most recently with SuperKids Nutrition Inc, www.superkidsnutrition.com, she has discovered a venue to share her passion of creating a healthier "next generation" by working with other nutrition experts in the field to "save the world, one healthy food a time".



September: Exploring New Horizons - Exciting Careers and Opportunities to Supplement or Enhance Your Professional Choices

Want to add excitement or a new dimension to your career? Curious about how dietitians are breaking the mold across the nation? Interested in exploring a new field, consulting or enhancing your current career but don't know how? The Los Angeles and Orange County Districts of the California Dietetic Association invite you to explore the many avenues in the field of dietetics.

Time: Thursday, September 11th from 5:30 pm to 8:00 pm

Place: VA Long Beach Healthcare System

(Registration form and address on reverse side)

2.0 CPE Level 2 Requested

Speakers

Carol Berg Sloan RD is an independent consultant specializing in nutrition communications and food safety issues. Carol provides educational and informational presentations regarding current nutrition, diet and health issues and trends. She assists consumers in making wise food choices using science-based and realistic information. With twenty five years of experience in the field of food and nutrition, Carol has served as a media spokesperson for many companies and has conducted both print and broadcast interviews on a variety of health and nutrition topics. She is also a freelance writer specializing in food, nutrition and health features for national and local publications. Carol currently provides nutrition columns to the southern California based Press Telegram, Signal Tribune and School News Roll Call and was past columnist for the Web site www.education.com. Current clients include the California Walnut Board, California Walnut Commission, El Monte City School District/*California Nutrition Network*, TruCare Community Health Care and many other national and local companies. She serves as a delegate to the American Dietetic Association, is a member of the Association Positions Committee and is active in the California Dietetic Association where she has served as coordinator for Practice Council and chair for the Publications and Marketing Committee. She serves on the executive board for the Nutrition Education for the Public and Dietitians in Business and Communications ADA practice groups.

Co-Presidents Elect of LAD of CDA, Cindy Young, MPH, RD and Melissa Halas-Liang, MA, RD, CDE, CNSD will be presenting dynamic, unique and interesting career summaries from dietitians across the nation.

Check updates on the LAD website for CPE objectives after July 21st. <http://www.dietitian.org/lad> - see events calendar.

Check your email for updates.

REGISTRATION FORM: August 9, 2008- Nutraceuticals, Phytonutrients,
Super Foods and Supplements. 2.0 CPE Level 2 Requested

Early Registration Deadline: August 4, 2008 confirmed by post-marked mail

Early Registration Fee: LAD Members \$20, Student Members \$10, Non-Members \$30

At the Door Fee: LAD Members \$30, Student Members \$20, Non-Members \$40

Place: Glendale Memorial Hospital & Health Center, 1420 South Central Avenue Glendale, CA 91204, Cancer Center Auditorium. The auditorium is located across from the parking structure and is not in the main hospital. Parking is 4\$ flat rate, 1 Block South of Los Feliz.

Directions: From 605 Freeway: 605 N. I-5 N toward LA. Take Los Feliz Blvd exit 141A. Turn Right onto Los Feliz Blvd. Los Feliz Blvd becomes Los Feliz Rd. Turn Right onto S. Central Avenue.

From 405N: 405 N toward Sacramento. 10-E towards LA. CA-110N via the exit on Left. I-5 N/Golden State FWY on Left toward Sacramento, I-5 N, Take the Los Feliz Blvd exit, Exit 141A. Turn Right onto Los Feliz Blvd. Los Feliz Blvd which becomes W Los Feliz Rd. Turn Right onto S. Central Ave

From the 2-S: 2-S, Take the San Fernando Rd exit 14, Turn Right onto N San Fernando Rd. Turn right onto S. Central Avenue *recommend using on-line map navigator for detailed driving directions

Name _____ Email: _____

Contact Phone _____ Amount enclosed: \$ _____

LAD Member? Yes No

**Please send this completed form and a check payable to CDA/LAD to:
Jacqui Saracino, RD at 2617 Gemstone Ave, Palmdale, CA 93551-1569**

For questions and/or comments, please contact: Cindy Young: cindymyoung@yahoo.com

REGISTRATION FORM: September 11, 2008- Exploring New Horizons - Exciting Careers and
Opportunities to Supplement or Enhance Your Professional Choices.
2.0 CPE Level 2 Requested

Early Registration Deadline: September 5, 2008 confirmed by post-marked mail

Early Registration Fee: LAD Members \$20, Student Members \$10, Non-Members \$30

At the Door Fee: LAD Members \$30, Student Members \$20, Non-Members \$40

Place: Long Beach VA Healthcare System, 5901 E. 7th St., Long Beach, CA 90822.

Long Beach, CA 90822, Pantages Theatre, 2nd floor of Bldg 2. Parking in visitors parking lots B or C. Follow yellow line to Bldg 1 elevator, 2nd floor. Pantages Theatre is near the Chapel.

Directions: From 405 Freeway: From I-405 [San Diego Fwy] (North), merge and continue (West) on SR-22 [Garden Grove Fwy]. Turn off onto Ramp, bear Right (west) onto 7th St. VA Long Beach will be on your right hand side.

From 55 Freeway: Merge onto SR-22 [Garden Grove Fwy]. Continue West. Turn off onto Ramp, bear Right (west) onto 7th St. VA Long Beach will be on your right hand side.

From 5 Freeway: [south side]: From the I-5 [San Diego Fwy] merge onto "Toll Road" - SR-73 [San Joaquin Hills Trans Corridor] (North). Turn off onto Ramp and merge onto I-405 [San Diego Fwy]. Continue West onto SR-22 [Garden Grove Fwy]. Turn off onto Ramp, bear Right (west) onto 7th St. VA Long Beach will be on your right hand side

Name _____ Email: _____

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LAD Member? Yes No

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For questions and/or comments, please contact: Melissa Halas-Liang

melissa@superkidsnutrition.com