



California Dietetic Association/Los Angeles District Presents:

"From Diet to Disorder"

Understanding the causes and
treatment of eating disorders

Date: Thursday, October 29, 2009 – 5:30pm to 8:00pm

Location: VA Greater Los Angeles, Bldg 500, Room 6400

11301 Wilshire Blvd, Los Angeles, CA 90073 Building 500

Website: <http://www.gla.med.va.gov/maps/mapWLAdetail.htm>

From North of Facility:

405 freeway South, off at Wilshire Blvd.-West exit.
Turn right off freeway, keep to right

Go down the ramp to VA facilities

Turn left on Bonsall, go under Wilshire Blvd. Turn
left at street in front of hospital

Turn left into visitor parking lot (No. of Building 500)

From South of Facility:

405 Freeway North, off at Wilshire Blvd.-West exit
(NOT Westwood exit).

Turn right onto Wilshire and stay to your right.

Pass Sepulveda Blvd and 405 freeway entrance.

Take the immediate next right, down ramp to VA Facilities.

Turn left on Bonsall, go under Wilshire Blvd.

Turn left at street in front of hospital

Turn left into visitor parking lot (North of Building 500)

Event:

- 5:30 PM Registration & Light Snack
- 6:00 PM Welcome & Introductions
- 6:05 PM From Diet to Disorder: Carolyn Costin

Objectives: 1) Learn to recognize and treat eating disorders 2) Develop a strategy for dealing with patients who refuse to accept the problem 3) Develop the skills necessary for motivating change 4) List 3 scales of the Eating Disorder Inventory 5) List 3 critical techniques for successful treatment

Speaker: Carolyn Costin has served as founder and clinical director of several hospital based eating disorder programs. She has written extensively for magazines, newspapers, and journals and has been a contributing author to several books on eating disorders. In 1996 Carolyn opened the first Monte Nido treatment facility in Malibu, California for residential and day treatment in a healing environment. Today, she travels across the country teaching professionals to successfully prevent and treat eating disorders.

2.0 CPE Level 2 Requested

REGISTRATION FORM: October 29, 2009- From Diet to Disorder

Early Registration Deadline: October 24, 2009 confirmed by post-marked mail

Early Registration Fee: LAD Members \$20, Student Members \$10, Non-Members \$30

At the Door Fee: LAD Members \$30, Student Members \$20, Non-Members \$40

NOTE: Space is limited so sign up early to assure a seat

Name _____ Email: _____

Contact Phone _____ Amount enclosed: \$ _____ LAD Member? Yes No

Please send this completed form and a check payable to CDA/LAD to:

Jacqui Saracino, RD at 2617 Gemstone Ave, Palmdale, CA 93551-1569

For questions and/or comments, please contact: Art Kress: arkress@aol.com