



California Dietetic Association/Los Angeles District Presents:

Our Nutritional Environment

The food distribution system is an important component to eating a healthful diet full of fruits and vegetables. During this program, we will explore the current status of the Los Angeles nutrition environment and how schools, restaurants, farms and local policy makers are working together in fun and creative ways to improve access to locally grown, sustainable food sources in order to create healthier environments.

Attendees can submit an essay for a chance to win a trip to Sacramento for a Public Policy CDA CPE workshop. See details on next page.

Date: Saturday, February 21, 2009

Requested 4 CPE

**Location: Marilyn Magaram Center for Food Science, Nutrition, & Dietetics
California State University, Northridge**

Oviatt 25 (accessible from the stairwell outside of the Oviatt Library)

18111 Nordhoff Street

Northridge, CA 91330-8308

Website: <http://www.csun.edu/maps/>

- **From 101 Freeway:** Exit Reseda Blvd., north on Reseda Blvd. past Nordhoff St. to Prairie St., east on Prairie St. to Info Booth.
- **From 118 Freeway:** Exit Reseda Blvd., south on Reseda Blvd. past Plummer St. to Prairie St., east on Prairie St. to Info Booth.
- **From 405 Freeway:** Exit Nordhoff St., west on Nordhoff St. past Lindley Ave. (East University Drive) to Darby Ave., north on Darby Ave. to Prairie St., east on Prairie St. to Info Booth.
- **Parking is \$5.00**

Event (timeline): Light Brunch Served

- 8:30 am: Registration
- 9:00 am to 10:00 am: Vanessa Zajfen, Farm to Institution Program Coordinator - Center for Food & Justice at Occidental College, will discuss how policy, production practices and distribution/access has affected us in the LA area particular at school, hospitals, communities and home. She will also introduce local food systems and LA based local alternatives.
- 10:00 am to 10:30 am: Jonathan McDowell, Executive Chef from the Blue Velvet Restaurant, will discuss his passion for quality, pesticide-free ingredients in making delicious food and his innovative restaurant rooftop garden.
- 10:30 am to 11:15: Break Out Session, Nutrition Environment & Policy Activity
- 11:15 am - 12:00 pm: Farmer Patsy Flanigan, The Little Farm, will talk about how food goes from the grower to the consumer as well as some of the challenges along the way and how this affects our food choices.
- 12:00 pm - 1:00 pm: Andrea Giancoli, LAUSD, will discuss changes that are taking place at LAUSD to improve the nutrition environment in that school district.

REGISTRATION FORM: Nutrition Environment

Early Registration Deadline:

February 17, 2009 confirmed by post-marked mail

Early Registration Fee:

LAD Members \$40, Student Members \$20, Non-Members \$50

At the Door Fee:

LAD Members \$50, Student Members \$30, Non-Members \$60

Name _____

Email: _____

Contact Phone _____ Amount enclosed: \$ _____ LAD Member?

Yes No

**Please send this completed form and a check payable to CDA/LAD to:
Jacqui Saracino, RD at 2617 Gemstone Ave, Palmdale, CA 93551-1569**

For questions and/or comments, please contact: Melissa Halas-Liang:
melissa@superkidsnutrition.com

LAD Public Policy Free Trip & CPE Opportunity

Planning to come to the Saturday February 21st CPE event "Our Nutrition Environment?" Well here's a chance to win a trip (airfare, food and conference) for a one day event on Monday, March 9th in Sacramento. The CDA Public Policy Education Day teaches you how the state legislation effects you, your job, your profession and your scope of practice. You'll be traveling with other members in your community giving you a chance to network and gain insights from others in our profession.

Bring a 700 word essay explaining why you should attend this event and you'll be entered to win along with other attendees of the "Our Nutrition Environment CPE program."

Follow these instructions:

1. Create a cover sheet that only includes your name, phone number, and email. Do not include any other information on this cover sheet.
2. Do not exceed 700 words!
3. Please include why you want to attend and why you should be chosen.
4. The winner will be contacted within 4 days of the event so he/she can make scheduling arrangements.

To read more about CDA Public Policy Event, visit the March section of the CDA website:
http://www.dietitian.org/member_calendar.htm