

The [California Academy of Nutrition and Dietetics Annual Conference](#) is the premier conference for food and nutrition professionals in California. The annual three-day event provides education sessions focused on practical application of research, insights into emerging research and trends, exposure to new products and services, awards and recognition for members from various practice areas, special sessions for students, and face-to-face networking—all essential for advancing careers.

Thursday, April 11, 2019

If you attend all sessions (selecting one per time slot during the breakout sessions) and visit the exhibits, you can earn 9.0 CPEUs. Please note you can only collect 1.5 CPEUs total for visiting the exhibits at this conference.

7:00 am – 5:30 pm	REGISTRATION		
	BREAKFAST (on your own)		
MORNING GENERAL SESSIONS			
9:00 – 10:00 am	Academy of Nutrition and Dietetics President's Update <i>Mary Russell, MS, RDN, LDN, FAND, 2018-2019 Academy President</i>	<i>All morning sessions will be held in Exhibit Hall A.</i>	1.0
10:00 – 10:05 am	Academy Award Presentation <ul style="list-style-type: none"> Outstanding Dietitian of the Year: <i>Geeta Sikand, RDN, CLS, FNLA, CDE, MA, FAND</i> CA Academy Award Presentations <ul style="list-style-type: none"> Distinguished Service Award: <i>Michele Tilton, RDN</i> Dolores Nyhus Memorial: <i>Geeta Sikand RDN, CLS, FNLA, CDE, MA, FAND</i> 		
10:05 – 11:05 am	The Ins and Outs of the Energy Values of Foods <i>David Baer, PhD</i> SPONSOR: California Walnut Commission & Almond Board of California		1.0
11:05-11:10 am	Academy Award Presentation <ul style="list-style-type: none"> Emerging Dietetic Leader Award: <i>Ashley Larsen, RD</i> CA Academy Award Presentation <ul style="list-style-type: none"> Crystal Award: <i>Carrie Der Garabedian MBA, RD, CFPM</i> 		
11:15 am – 12:15 pm	Personalized Dietary Treatment Based on Gut Microbiome <i>Susan Yake, RDN, CD, CDE, CLT</i> SPONSOR: DayTwo		1.0
12:15 – 12:30 pm	Short Break / Time to Grab Your Lunch and Go Back to Your Seat LUNCH SPONSOR: DayTwo		
12:30– 1:30 pm	California Academy Town Hall Forum: Giving a Voice to Our Members <i>2018-2019 Executive Board</i>		1.0

The [California Academy of Nutrition and Dietetics Annual Conference](#) is the premier conference for food and nutrition professionals in California. The annual three-day event provides education sessions focused on practical application of research, insights into emerging research and trends, exposure to new products and services, awards and recognition for members from various practice areas, special sessions for students, and face-to-face networking—all essential for advancing careers.

1:25 – 1:30 pm	CA Academy Awards Presentation <ul style="list-style-type: none"> • Excellence in Community Nutrition: <i>John Haubenstricker, MS, RD, CSSD</i> • Excellence in Education: <i>Brenda O'Day, MS, RDN, CNSC</i> • Excellence in Management: <i>Suzanne A Ousey, RDN</i> • Excellence in Private Practice: <i>Jessica Gust, MS, RDN</i> 			
AFTERNOON BREAKOUT SESSIONS				
1:45 – 2:45 pm	Time's Up: Community Level Approach Toward Maternal Mortality Awareness Prevention <i>Toncé Jackson, MPH, RDN, CLE and Morgan Ervin, RDN, CLE</i>	<i>Public Health</i>	<i>Raincross C</i>	1.0
	Licensure for California Dietitians: A Practical View <i>Patricia Booth, MS, RDN, FADA and James Gross, JD</i>	<i>Public Policy</i>	<i>Ballroom</i>	1.0
	Evidence Based Practice in Nephrology Nutrition: Back to the Future <i>Rory C. Pace, MPH, RD, CSR, FAND</i>	<i>Clinical Nutrition</i>	<i>Raincross A</i>	1.0
3:00 – 4:00 pm	To Treat Me You Need to Know Me: LGBTQ Patients <i>Amanda Watson and Andrea Long, MD</i>	<i>Clinical Nutrition</i>	<i>Raincross C</i>	1.0
	From Fear to Fact: Understanding Issues in Animal Agriculture <i>Charlotte Rommereim, RDN, LN, LD</i>	<i>Agriculture & Food Prod.</i>	<i>Ballroom</i>	1.0
	Applying the Science Behind Prunes for Bone Health and Weight Management <i>Mark Kern, PhD, RD and Shirin Hooshmand, PhD, RD</i>	<i>Clinical Nutrition</i>	<i>Raincross A</i>	1.0
4:00 – 4:15 pm	AFTERNOON COFFEE BREAK SPONSOR: American Pistachios Growers			
4:15 – 5:15 pm	Insta Famous 2019 <i>Mascha Davis, MPH, RDN and Ginger Hultin, MS, RDN, CSO</i>	<i>Social Media</i>	<i>Ballroom</i>	1.0
4:15 – 5:45 pm	Bariatric Surgeries as a Stepping Stone to Transplant: What the RDN Needs and Wants to Know <i>Elaine C Souza, MPH, RD, CSOWM</i>	<i>Clinical Nutrition</i>	<i>Raincross C</i>	1.5
4:15 – 5:45 pm	Evidence, Implementation & Outcomes for A Hospital Probiotic Protocol for Prevention of C. Difficile <i>Sara Lee Thomas, MS, RD, LD</i>	<i>Clinical Nutrition</i>	<i>Raincross A</i>	1.5

The [California Academy of Nutrition and Dietetics Annual Conference](#) is the premier conference for food and nutrition professionals in California. The annual three-day event provides education sessions focused on practical application of research, insights into emerging research and trends, exposure to new products and services, awards and recognition for members from various practice areas, special sessions for students, and face-to-face networking—all essential for advancing careers.

6:00 – 8:00 pm	OPENING NIGHT RECEPTION and EXPO & PRODUCT MARKETPLACE <i>Please take time to visit all exhibit booths and thank the exhibiting companies and organizations for their support of our profession, our organization, and our annual conference!</i>	Exhibit Halls B-D	1.5*
----------------	---	-------------------	------

Friday, April 12, 2019

If you attend all sessions (selecting one per time slot during the breakout sessions) and visit the exhibits, you can earn 6.5 CPEUs this day. Please note you can only collect 1.5 CPEUs total for visiting the exhibits at this conference.

7:00 am – 6:00 pm	REGISTRATION		
7:00 – 8:00 am	YOGA CLASS (Please bring your own mat.) <i>Instructor: Melissa Moore</i> SPONSOR: Simple Mills	Raincross A	
7:30 – 8:30 am	BREAKFAST SPONSOR: siggi's		
MORNING GENERAL SESSION			
8:30 – 10:00 am	Protein Needs: How Much Muscle Does the Research Have? <i>Keith Ayoob, EdD, RDN, FAND, CDN</i> SPONSOR: California Beef Council	Exhibit Hall A	1.5
VARIOUS EVENTS & ACTIVITIES			
10:00 am - 2:00 pm	EXPO & PRODUCT MARKETPLACE <ul style="list-style-type: none"> • Student Poster Sessions: Authors present from 12:30-2:00 p.m. • CA Foundation: Basket Drawings from 1:30-2:00 p.m. 	Exhibit Halls B-D	1.5*
10:00 am - 12:00 pm	Public Policy Council Meeting	Raincross A	
12:30 – 1:30 pm	Dietitians in Healthcare Communities (DHCC) Meet & Greet	Raincross C	

The [California Academy of Nutrition and Dietetics Annual Conference](#) is the premier conference for food and nutrition professionals in California. The annual three-day event provides education sessions focused on practical application of research, insights into emerging research and trends, exposure to new products and services, awards and recognition for members from various practice areas, special sessions for students, and face-to-face networking—all essential for advancing careers.

AFTERNOON BREAKOUT SESSIONS

2:15 – 3:45 pm	CMS Federal Regulation Updates in Long Term Care and General Acute Care Hospitals <i>Lacie Hightower, Dagmar Bender Porter, MPH, RD and Samira Jones, PhD, RD</i>	<i>Regulatory</i>	<i>Raincross C</i>	1.5
	Lessons in Leadership: How to Manage Conflict & Ethical Challenges <i>Tracy Petrillo, EdD, RDN</i>	<i>Leadership & Communication</i>	<i>Ballroom</i>	1.5
	The Revival of Nutritional Biochemistry for Healing the Body <i>April N. Hackert, MS, RDN, CEDRD</i>	<i>Nutrition Research</i>	<i>Raincross A</i>	1.5
3:45 – 4:00 pm	AFTERNOON COFFEE BREAK SPONSOR: TBD			
4:00 – 5:00 pm	Enhancing Your Menu with Proper Equipment Selections <i>Carrie Der Garabedian, MBA, RD, CFPM, Thomas Brinkman, and Nancy Banda, MS, RD</i>	<i>Food Service Mgmt.</i>	<i>Raincross A</i>	1.0
	Nutrition Controversies in Cardiovascular Dyslipidemia: An Update <i>Geeta Sikand, RDN, CLS, FNLA, CDE, MA, FAND</i>	<i>Clinical Nutrition</i>	<i>Raincross C</i>	1.0
5:15 – 6:15 pm	Medicinal Marijuana: More Than Just the Munchies <i>Jennifer Sporay, MS, RDN-AP, CSO, LDN, CNSC, FAND</i>	<i>Public Health</i>	<i>Exhibit Hall A</i>	1.0
	Spice Up Your Life: Savor Indian Inspired Plant Based Foods for Disease Prevention <i>Vandana Sheth, RDN, CDE</i>	<i>Culinary</i>	<i>Raincross A</i>	1.0
4:00 – 5:15 pm	STUDENT SESSION + AWARD PRESENTATIONS			
	Student Success: RD Panel on a Path to Success Panelists: TBD			
	Awards Presentations Recognized Young Dietitians of the Year			
	<ul style="list-style-type: none"> Inland District: <i>Kirsten Ault, RDN</i> Silicon Valley District: <i>Angela Hays, RDN</i> Central Valley District: <i>Tawnie Kroll, RDN</i> Orange District: <i>Kristin Mahood, MS, RDN</i> Los Angeles District: <i>Karmen Ovsepyan, MS, RDN</i> 	SPECIAL STUDENT SESSION	<i>Ballroom</i>	

The [California Academy of Nutrition and Dietetics Annual Conference](#) is the premier conference for food and nutrition professionals in California. The annual three-day event provides education sessions focused on practical application of research, insights into emerging research and trends, exposure to new products and services, awards and recognition for members from various practice areas, special sessions for students, and face-to-face networking—all essential for advancing careers.

	Awards Presentations - continued Outstanding Dietetic Student <ul style="list-style-type: none"> Dietetic Internship: <i>Amanda Maestas, DI, NDTR, CDM, CFPP, CLEC</i> Coordinated Program: <i>Rochelle Lai</i> 			
5:30 – 7:00 pm	Student and New Member Reception SPONSOR: Herbalife		<i>Ballroom</i>	
7:30 - 9:00 pm	APPRECIATION RECEPTION (<i>by invitation only</i>)			

Saturday, April 13, 2019

If you attend all sessions (selecting one per time slot during the breakout sessions) and visit the exhibits, you can earn 4.0 CPEUs this day.

7:00 – 11:30 am	Registration			
7:00 – 8:00 am	LIGHT BREAKFAST SNACK SPONSOR: Pear Bureau Northwest			
MORNING BREAKOUT SESSIONS				
8:00 – 9:00 am	Working Together to Prevent Food Allergies <i>Sherry Coleman Collins, MS, RDN, LD and Catherine Jaxon</i>	<i>Clinical Nutrition</i>	<i>Ballroom (down stairs)</i>	1.0
	International Dysphagia Diet: Who, What, How to Implement <i>Susan Hazeghazam, RDN and Joan Baca, RDN</i>	<i>Clinical / LTC</i>	<i>M R 7&8</i>	1.0
	Pancreatic Insufficiency and Surgery: What Dietitians Need to Know <i>Marine Savelyeva</i>	<i>Public Health</i>	<i>Exhibit Hall A</i>	1.0
9:15-10:15 am	Plant-Based Juniors: Strategies for Meeting the Needs of Vegan and Vegetarian Children <i>Whitney English Tabaie, MS, RDN, CPT and Alexandra Caspero, MA, RDN</i>	<i>Public Health</i>	<i>M R 7&8</i>	1.0

The [California Academy of Nutrition and Dietetics Annual Conference](#) is the premier conference for food and nutrition professionals in California. The annual three-day event provides education sessions focused on practical application of research, insights into emerging research and trends, exposure to new products and services, awards and recognition for members from various practice areas, special sessions for students, and face-to-face networking—all essential for advancing careers.

9:15-10:15 am	Prediabetes and Weight Management: Understanding Metabolic Dysregulation and Current Multidisciplinary Interventions <i>Lindsey McCoy, RD, CSSD</i>	<i>Clinical Nutrition</i>	<i>Ballroom (down stairs)</i>	1.0
	Plant-Based Protein vs. Animal Protein for Fitness Enthusiasts and Athletes <i>Melissa Halas-Liang, MA, RDN, CDE and Claire Haft, MS, RDN</i>	<i>Sports Nutrition</i>	<i>Exhibit Hall A</i>	1.0
10:30 – 11:30 am	The Non-Diet Approach to Integrative and Functional Nutrition <i>Janice Dada, MPH, RDN, CDE</i>	<i>Clinical Nutrition</i>	<i>Exhibit Hall A</i>	1.0
	Being Culturally Competent Isn't Enough: Why Being an Advocate for Diversity Isn't Enough <i>Tamara Melton, MS, RDN, CPHIMS and Cordialis Msora-Kasago, MA, RD</i>	<i>Diversity / Leadership</i>	<i>Ballroom</i>	1.0
	The Impact of Diet on Maternal Health and Pregnancy Outcomes—Before and During Pregnancy—And Simplifying Dietary Messaging to Women <i>Carl L. Keen, PhD and Elizabeth Shaw, MS, RDN, CLT</i> SPONSOR: The Alliance for Food and Farming	<i>Public Health</i>	<i>M R 7&8</i>	1.0
CLOSING GENERAL SESSIONS				
11:45 – 12:45 pm	CLOSING KEYNOTE: Do Fruits and Veggies Possess Happiness Super Powers? Discover New Strategies to Motivate Americans to Enjoy Happier, Healthier Plates with Produce! <i>Wendy Reinhart Kapsak, MS, RDN and Jason Riis, PhD</i>	<i>Public Health</i>	<i>Exhibit Hall A</i>	1.5
12:45-1:00 pm	CLOSING REMARKS & RAFFLE DRAWING <i>Nancy Banda, MS, RD, 2018-2019 CAND President-Elect</i> <i>Don't miss your chance to win a three-day registration plus hotel for our 2020 Annual Conference!</i> Winner must be present to win.			