Registered Dietitian Nutritionists (RDNs) are required to:

1. Complete an accredited, science-based nutrition curriculum, earning at least a bachelor's degree.

2. Complete an extensive supervised practice experience including: medical nutrition therapy, foodservice management, and community nutrition.

3. Pass a nationally-recognized registration exam.

4. Achieve continuing education to maintain the RDN credential.

Roughly 50% of all RDNs hold graduate degrees and many have certifications in specialized fields, such as sports, diabetes, pediatric, renal, oncology or gerontological nutrition.

When working with an RDN, you can expect...
- Personally tailored advice for your goals.
- Guidance in navigating food allergies, sensitivities and intolerances.
- Skilled management of chronic diseases.
- Safe and effective weight loss programs.

Every dollar spent on an RDN saves the health care system four dollars.